

# SFN New Club Coaching Model Committee Meeting Notes

June 10,2009

**Attendees:** Jim Mihell, Paul Barbeau, Helen Lindfors, Jim Steele, Laurie Carlyle, Trish Westman, Jennifer McFarling

## **Outcome of Discussions:**

### **Short Term Solution for Off-Season Training**

- Helen and Trish will develop a training program to focus on general training, technique development and monitoring of athlete training.
- They will contact athletes to determine level of training required.
- Helen will coordinate off-season practices. All committed athletes will have a calendar of practices. Practice content and duration will vary for variety during the off-season.
- Volunteers will be contacted to assist by running a few practices
- Linking with other sports will be explored (downhill skiing, speedskating) to provide variety and fun.
- There will be no fee charged to athletes and no remuneration paid for the effort of Helen, Trish and other volunteers. (We do thank-you very much for your time, effort and willingness to take this on over the summer)

### **Short Term and Long Term Solution for Winter 2010**

- Exploration of the grants available for Winter 2010 revealed that for one the application date has passed and we were not granted an extension, others were not enough money to meet our needs and/or we do not meet size of race team qualification.
- Of all grants explored, the Trillium grant looked most appealing at a maximum of \$375 over 5 years. If granted to SFN we may (depending on the amount awarded) have funding for our long-term solution also.
- The deadline for the Trillium grant is July 1st.
- The committee decided to commit to gathering the data to complete the Trillium application over the next two weeks. (see chart below for action items)

See list of tasks below to be completed prior to June 15th.

**Next Committee Meeting: June 15, 2009  
19 Retta Street t 7:30 pm**

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Who	Task Description	Trillium Grant Reference
Jim Steele	Create a job description based on those available from other clubs and Paul's draft	A11
Laurie Carlyle	Book a meeting with Trillium and determine how what funding is available over how long of a time period	Step 2
Helen Lindfors	How would we migrate away from the grant money in the future years?	C8
Laurie Carlyle	Talk to Trillium about type of reference and if any documentation is required	Attachment 7
Jim Steele	Draft the duties, qualifications and salary that we would apply to the position NOTE: Meeting on June 15th will focus on this	Page 12
Trish Westman	What items, equipment, space do need from a budget perspective to support this position and the related activities	Page 13
Helen Lindfors	Develop a work plan - what to accomplish, how to do it, measurements, key indicators	Page 14
Reference Contacts:		
Paul Barbeau	Local: Kinsman - Bob Fadock	
Jim Steele	Provincial: Kateri and Tom Sears	
Helen Lindfors	National: Dave Wood	